

Schedule for Lypossage® Training: These Trainings are 4 days long and worth 32 CE Hours

Day 1- 8:00 AM – 5:00 PM

Introductions	15 minutes
History of Lypossage®	45 minutes
Theory and Systems of: Skin, lipids, Circulation, muscle tone & structure	60 minutes
Break	10 minutes
Assessments & Special Populations	30 minutes
Ethics	20 minutes
Break	10 minutes
Intake, indications & contra indications	30 minutes
Record Keeping	20 minutes
Lunch	60 minutes
Measuring at anatomical landmarks	50 minutes
Break	10 minutes
Demonstration of Zone 1	30 minutes
Answer Questions	20 minutes
Break	10 minutes
Hands-On	50 minutes
Break	10 minutes
Hands-On	40 minutes
Answer questions & conclude day	10 minutes

Day 2- 8:00 AM – 5:00 PM

Review Previous Day	20 minutes
Hands-On Practice Zone 1	30 minutes
Break	10 minutes
Hands-On Practice Zone 1	50 minutes
Break	10 minutes
Hands-On Practice Zone 1	50 minutes
Break	10 minutes
Hands-On Practice Zone 1	40 minutes
Review	20 minutes
Lunch	60 minutes
Review & Questions	10 minutes
Lecture on Practice Building	40 minutes
Break	10 minutes
Lecture on Practice Building	50 minutes
Break	10 minutes
Lecture on Marketing & discussion	50 minutes

Break	10 minutes
The Ethics of Business	20 minutes
Q&A and brainstorming business	30 minutes
Daily recap and questions	20 minutes

Day 3- 8:00 AM – 5:00 PM

Review Previous Day (business)	50 minutes
Break	10 minutes
Finish Business and Business Ethics	50 minutes
Break	10 minutes
Theory and systems of Zone2	15 minutes
Record Keeping for Zone 2	35 minutes
Instructor Demonstration of Zone 2	60 minutes
Lunch	60 minutes
Student Hands-On Zone 2	50 minutes
Break	10 minutes
Student Hands-On Zone 2	50 minutes
Break	10 minutes
Student Hands-On Zone 2	50 minutes
Break	10 minutes
Student Hands-On Zone 2	30 minutes
Q&A and Review of Day	30 minutes

Day 4- 8:00 AM – 5:00 PM

Review all material covered	20 minutes
Theory and systems for Zone 3	30 minutes
Break	10 minutes
Instructor Demonstration of Zone 3	50 minutes
Break	10 minutes
Student Hands-On Zone 3	50 minutes
Break	10 minutes
Student Hands-On Zone 3	60 minutes
Lunch	60 minutes
Record Keeping Zone 3	20 minutes
Student Hands-On Zone 3	30 minutes
Break	10 minutes
Student Hands-On Testing (all Zones)	50 minutes
Break	10 minutes
Student Hands-On Testing (all Zones)	30 minutes
Student Written Test to be completed	20 minutes
Break	10 minutes
Review- fill out feedback forms	40 minutes
Q&A and issue Certificates	20 minutes